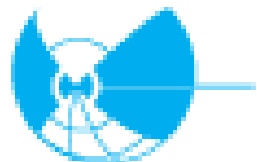




**SAMEN WERKEN AAN
WONEN, WELZIJN EN ZORG**

**beter
ouder**

**SAMEN
WERKEN
AAN WONEN,
WELZIJN & ZORG**



ZonMw



**Nationaal Programma
Ouderenzorg**



Today

1. Nice to meet you - introduction of the speakers and the participants today in this symposium
2. The context, national and projects:
 - National Care for the elderly program - I.C. Van Aalst
 - ZWIP ((Health and Welfare Information Portal) - K.C. Vermaat
 - Participation of vulnerable elderly in education of nurses - M.T. Slager
3. Paneldiscussion - The lessons learned in Statements. Interactive, share your experiences



Nice to meet you!

- Introduction of the speakers (K.C. Vermaat, M.T. Slager, J. van Dijk en Z. Tavy)
- Introduction of the participants
 - Elderly?
 - Practitioners, researchers, educators, policy makers?
 - Nationality?





National Care for the elderly program

- Aim: better quality of life for frail elderly persons through better quality of care, tailored to their needs
- 2008-2016 on behalf of the Ministry of Health, Welfare and Sport, directed by ZonMw (The Netherlands Organisation for Health Research and Development), budget >€87M

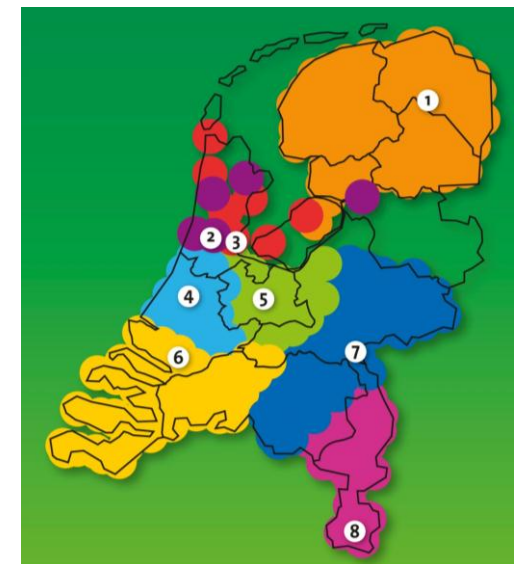


National Care for the elderly program

Three steps

1. Formation of regional networks – based on common vision of the desired results
2. Innovative experiments and projects
3. Nationwide dissemination and implementation (Platform BeterOud)

- University Medical Centres
- GP's
- hospitals, care and nursing homes
- informal care organisations
- health insurers, municipalities
- elderly (associations)





Key elements

- Elderly participation, to ensure that what is being developed really suits their requirements
- Working together in networks, including different financial and professional domains
- Connecting research, policy and practice.
- Ongoing innovation-cycle



Elderly participation

- Participation of elderly takes place in three different levels:
 - National
 - Regional networks
 - Projects
 - In education
- ZonMw set stringent criteria on participation of elderly in these levels. But does not determine how to organise it.
- Lessons learned we want to share with you today



Nationaal Programma
Ouderenzorg



beter
oud

SAMEN
WERKEN
AAN WONEN,
WELZIJN & ZORG



ZWIP

**(Health and Welfare
Information Portal)**



Kees Vermaat, Msc

Consultant Vermaat Advies
Network 100, Nijmegen(NL)





How to get elder patients in the lead?

- Discussion in focus groups (caregivers)
- The ZWIP idea is tested by a jury of elderly people (panel)
- Test panel of the ZWIP application
- Digital panel of patients and caregivers users
- All users of the VIP app (Calculus / Topicus)



ZWIP (Health and Welfare Information Portal)

Personal “digital conference table”

Principles: online social networks (e.g. FaceBook)

Older person **chairs** his own ZWIP care network

- Invitations and keep network up-to-date

ZWIP offers:

- Possibility to communicate easily

- Acces to shared patient information

beter
oud

SAMEN
WERKEN
AAN WONEN,
WELZIJN & ZORG



ZWIP creates a virtual “conference table”

Using the internet/Some principles patient, caregivers and healthcare professionals can a personalized care network for information exchange communication, consultation and collaboration





Participation of vulnerable elderly in education of nurses

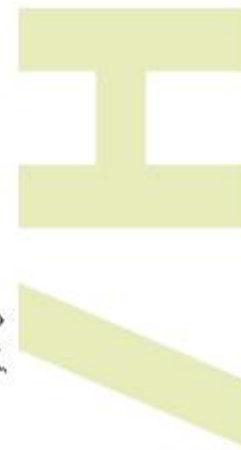
M.T. Slager, J. van Dijk en Z. Tavy



National Care for the Elderly Program

1. Participation of vulnerable elderly in education of nurses

- Elderly care not popular
- Lack of knowledge
- Not much contact



Nationaal Programma
Ouderenzorg

© JOHANN GALAMA

HAAGSE
HOOGESCHOOL

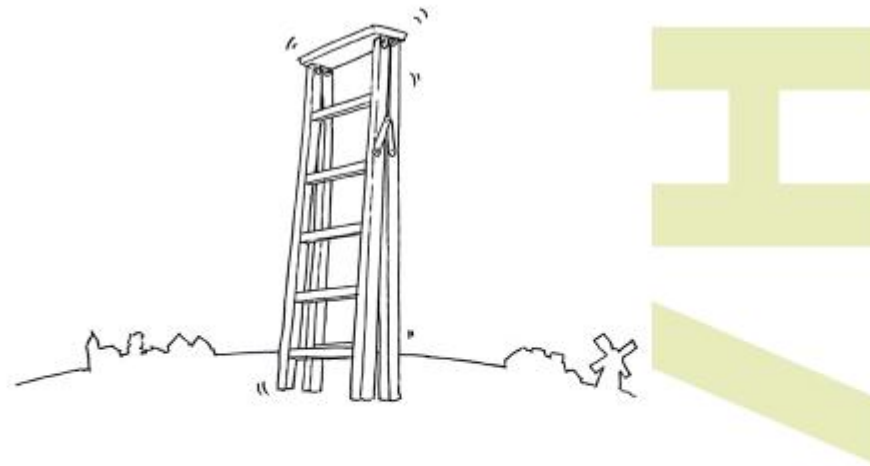
beter
oud
SAMEN
WERKEN
AAN WONEN,
WELZIJN & ZORG



National Care for the Elderly Program

1. Participation of vulnerable elderly in education of nurses

- Bachelor Nursing 2020
- Understanding of needs
- In close contact



Nationaal Programma
Ouderenzorg

© 2019 HAAGSE HOGESCHOOL

HAAGSE
HOGESCHOOL

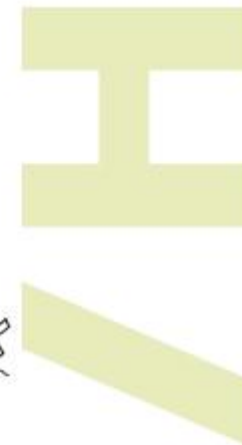
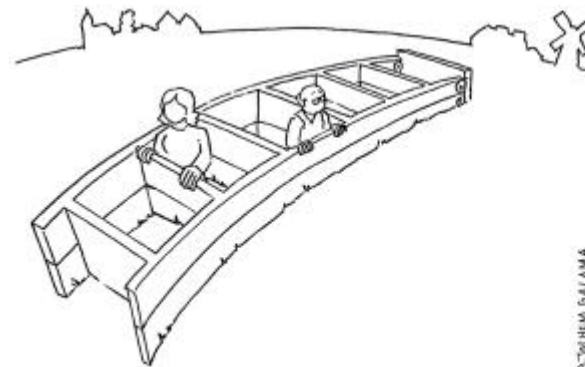
veter
oud
SAMEN
WERKEN
AAN WONEN,
WELZIJN & ZORG



National Care for the Elderly Program

1. Participation of vulnerable elderly in education of nurses

- Dialogue
- Active participation
- Students
- Teachers



Nationaal Programma
Ouderenzorg

© JOHANN BALKEMA

H/AAGSE
HOOGESCHOOL

veter
oud
SAMEN
WERKEN
AAN WONEN,
WELZIJN & ZORG



Statement 1

Early involvement of older adults during projects contributes to equal partnership



Statement 2

All members of a project team have to acknowledge that complementary expertise of older adults is necessary to conduct a successful project



Statement 3

There is no such thing as a typical older adult



Statement 4

When developing and implementing innovations for care and well-being, older adults are not the only stakeholders who should be involved in the co-creation process



More information

www.beteroud.nl

<http://www.beteroud.nl/ouderen/dutch-national-care-programme-for-the-elderly.html>

C. van Aalst, ZonMw, the Netherlands

aalst@zonmw.nl

K.C. Vermaat, Vermaat Advies, the Netherlands

M.T. Slager, The Hague University of Applied Sciences, the Netherlands



beter
oud

SAMEN
WERKEN
AAN WONEN,
WELZIJN & ZORG



beter
oud

SAMEN
WERKEN
AAN WONEN,
WELZIJN & ZORG



http://www.youtube.com/watch?v=lsJiNoDjvvyo&feature=player_embedded