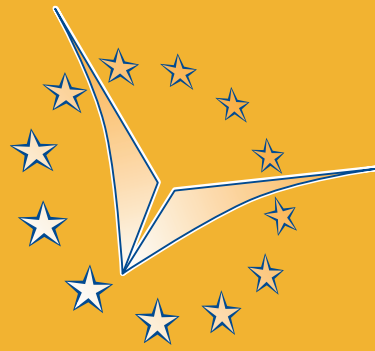


5th European Nursing Congress

Caring for Older People:

How Can We Do
the Right Things Right?



Final Announcement



4-7 October 2016
De Doelen, Rotterdam, The Netherlands

Welcome to Rotterdam



Caring for Older People: How Can We Do the Right Things Right?

Health care around the globe is facing extraordinary challenges due to demographic changes, changing patterns of diseases, budgetary restrictions and changing expectations of patients. Health care is increasingly becoming caring for older people and yet we know health care is often not fitting their needs. Nurses play increasingly important roles in efforts to tackle these challenges. They are key players in the provision of safe, high-quality and efficient health services. Their key role makes nurses increasingly subject of criticism and blaming by the media when quality care is not provided.

To face these challenges and to ensure nurses' contribution to quality care an essential step is the strengthening of evidence based practice and innovation.

Nurse-sensitive patient outcomes represent the consequences or effects of nursing interventions and result in changes in patients' symptom experience, functional status, safety, psychological distress, and/or costs. How do we know when and to what extent nursing care impacts the older patients' desired health outcomes? What is the role of older patients in defining these outcomes? How do we develop and implement nursing interventions that do change older patient outcomes in a cost-effective

way? How do nurses integrate technological innovations in strengthening their practice in care for older people? How do we educate nurses in delivering and monitoring evidence based interventions in caring for older people? How do we inform society on nurses' contribution to quality care in an aging nation?

We invite nurses, practitioners, researchers, educators and policymakers to share their research and innovations with regard to caring for older people and more specific to nurse-sensitive patient outcomes in order to find answers to the questions raised above.



Prof. Marieke Schuurmans PhD
Chair Foundation
European Nursing Congress



Prof. Jan Hamers PhD
Chair Programme Committee
5th European Nursing Congress

Congress themes



1. Patient and public involvement

The involvement of older people in nursing care, research and education.

2. Multimorbidity and frailty

Multimorbidity is common in older people and has many implications for nursing. Frail people have characteristics like low physical activity, slowed performance, fatigue endurance or unintentional weight loss.

3. Quality of care and patient safety

Patient safety is the cornerstone of high quality of care, and nurses are critical in the processes to prevent harm and adverse events.

4. Patient systems and informal care

Patients cannot be cared for outside their context. Integrating and involving persons in the direct patient's network is crucial to delivering tailored and effective care to patients, and therefore a major challenge for nurses.

5. Essentials or fundamentals of care

Essentials or fundamentals of care focus at the basis upon which nursing care is delivered, and includes basic care like mobilization, washing and communication.

6. Palliative care

Focus on providing patients relief from the symptoms, pain, physical stress, and mental stress of a life-threatening illness.

7. Technology

Use of low and high technology in care for older persons, like disposable washing cloths, movement aids, ICT, robotics, domotics, telemetry, etc.

8. Medication

Older people often suffer from comorbidity resulting in different therapies (polypharmacy), and in dementia care the use of psychoactive medications is highly prevalent.

9. Education & Learning in nursing practice

Education is a key issue to prepare nurses for the future care for older people: what competences are needed on the different levels and can nursing leaders make the difference?

10. Cultural issues

The influence of cultural differences in health and nursing care of older people.

Congress themes

11. Workforce

Workforce issues become more and more important in care of older people: what minimum levels of expertise and number of staff are needed to provide high quality of care? What are smart and sustainable solutions for care in an aging society? T-shape professionals and future proof nurses.

12. Management

Management is of great influence on the position e.g. autonomy of nurses in the care for older people. Governance and influence of nurses on the management is becoming a big issue.

13. Leadership

Leadership is an important issue for nurses to strengthen their position, to cooperate with others and to deliver the best nursing care.

14. Measurement issues

Developing and using measuring instruments in caring for older people is important for establishing high-quality care and accountability. Are we measuring what we need to know?

Programme



The congress address all categories of caring for older people:

- **prevention**
- **homecare**
- **hospital care**
- **long-term care**
- **mental health**
- **rehabilitation**
- **transitional care.**

The programme offers:

- **14 prominent keynote speakers**
 - **28 symposia**
 - **52 oral presentations**
 - **8 roundtables and workshops**
 - **150 poster presentations**
 - **informal expert meetings.**
-

Late breaker

Late-breaking abstracts should highlight novel and practice changing studies that would not otherwise have been presented at the Congress. Late-breaking abstract online submission will be open from 1 May until 1 June 2016.

Tuesday 4 October 2016

14.00 – 16.00 hrs

Keynote speakers



Welcome

Prof. Jan Hamers PhD

Chair Programme Committee 5th European Nursing Congress



Opening: Care with dignity and proudness

Martin van Rijn

State Secretary for Health, Welfare and Sport



Caring for older people:

how can we do the right things right?

Prof. Marieke Schuurmans PhD

Chair Foundation European Nursing Congress

Marieke Schuurmans will explore the basic questions the 5th European Nursing Congress raises. Health care around the globe is facing extraordinary challenges due to demographic changes, changes patterns of diseases and changes expectations of patients. Health care is increasingly becoming care for older people and yet we know health care is often not fitting their needs. Quality of care in the light of budgetary restrictions in this changing world is subject of many debates. Nurses play increasingly important roles in efforts to tackle these challenges. Given the size and flexibility of the nursing work force they are often considered as key players in ensuring the provision of safe, high quality and efficient health services. However, do we know when and to what extend nursing care impacts the older patients' desired health outcomes? What is the role of older patients in defining these outcomes? How do we develop and implement

nursing interventions that do change older patient outcomes in a cost effective way? How do nurses integrate technological innovations in strengthening their practice in caring for older people? How do we educate nurses in delivering and monitoring of evidence based interventions in care for older people? How do we inform society on nurses' contribution to quality care in a greying nation? Given these challenges and the expectations of nurses' contribution to quality care, an essential step is the strengthening of evidence based practice and innovation

Topic: Patient and public involvement



The art of aging with comorbidities, a personal perspective.

Dr. h.c. Cees Smit

Patient advocate

Within 65 years, Cees Smit became a person with multiple chronic diseases. While he is getting older, his caregivers are getting younger. By now, he has to deal with the 6th generation of caregivers, most of whom have no clue about his medical and socio-personal life. In pediatrics, rehabilitation and geriatric care, a holistic approach has been developed in which the patient is seen as a person in relation to his environment. Care encompasses also the family. In most hospitals settings for adults, such a care setting for aging older patients is in sharp contrast with the way these hospitals are organized nowadays. Cees Smit would favor a much more holistic care concept for aging patients with comorbidities.

Reception at Rotterdam City Hall 17.00 - 19.00 hrs

Wednesday 5 October 2016

09.00 – 17.00 hrs

Keynote speakers



Topic: Dementia Care mapping

What's nursing got to do with it? The role of nurses in the care for people living with dementia.



Prof. Murna Downs PhD
University of Bradford, United Kingdom

In this keynote Murna Downs will explore the role of nursing in the care of people with dementia. She will address the following questions: What is the goal of care for people affected by dementia? What is the role of the support provided by nurses in helping to achieve this goal?

Topic: Ethics

Ethical safety in care for older people.



Prof. Helena Leino-Kipli PhD
Turku University, Finland

In this keynote presentation, three elements of ethical safety in the care for older people will be discussed: realization of the rights of older people, ethical competence of professionals and ethical environment. The aim is to emphasize the importance of ethics and activities to evaluate the ethical quality.

Topic: Education and learning

Releasing the intellectual capital of nursing: Nurses as knowledge workers, workforce development implications?



Prof. Anne Marie Rafferty PhD
Professor of Nursing Policy and Dean Emerita, Florence Nightingale Faculty of Nursing and Midwifery, King's College London, United Kingdom

Given the rising demands of the health care system in terms of the changing burden of disease and demographics the need for innovation and knowledge renewal is crucial to sustaining systems of care. Nurses need to be in the front-line not only of care delivery but service and system design to meet patient needs and continuously improve the patient experience. This requires a radical shift in how we educate, deploy, resource and design jobs for the largest workforce and resource in healthcare.



Thursday 6 October 2016

09.00 – 17.45 hrs

Keynote speakers



Topic: Technology

The future of our care has already started.



Daan Dohmen PhD

Chief Executive Officer and founder Focus Cura, The Netherlands

Topic: Quality of care

Getting the right things into older people care



Theo van Achterberg PhD

Professor of Quality of Care, Head of Centre for Health Services and Nursing Research University of Leuven, Belgium

Though we might hope differently, hardly any care intervention is self-implementing. Instead, changing practice and stimulating the uptake of new interventions or guidelines is notoriously difficult. Thus, well-considered approaches are needed for implementation attempts in order to avoid common pitfalls and increase chances of success. In his keynote lecture, Theo van Achterberg will focus on implementation issues in elderly care. For this purpose, issues with deciding on what to implement, how to best prepare for implementation and how to select the most promising implementation strategies will be discussed.

Topic: Essential Nursing Care

You SHOULD 'sweat the small stuff'. Amalgamating marginal gains in ESSEntial Nursing Care.



David A Richards PhD

Professor of Mental Health Services Research and NIHR Senior Investigator, University of Exeter Medical School, United Kingdom

We are designing and testing a new method of nursing based on a process called the 'amalgamation of marginal gains' (AMG).

This has been used very successfully in sports and in some health care settings, but not so far in nursing. We will design the AMG system to help nurses achieve small improvements in many different areas leading to overall better quality care. This keynote will map out our research programme.

Topic: Dementia

Impact of Montessori-based activities on eating ability and agitation for demented elders.



Prof. Li-Chan Lin PhD

Yang Ming University, Taipei

Agitated behaviors among people with dementia most often occur in response to activities of daily living (ADL), such as eating, bathing, or toileting, and structured activities have helped in the performance of ADL. The Montessori method is regarded as particularly suited for use with persons with dementia. Our studies confirmed the Montessori methods would be useful in elderly care and that in-service training for formal caregivers in the use of this intervention would be beneficial for patients.

Friday 7 October 2016

09.00 – 14.30 hrs

Keynote speakers



Topic: Medication

Medication out of control? The evidence base of inappropriate prescribing in older people



Prof. Gabriele Meyer PhD

*Martin Luther University Halle-Wittenberg, Medical Faculty,
Institute for Health and Nursing Science*

The aim of this presentation is to give an overview about the evidence base on (1) the prevalence of inappropriate prescribing, related risk factors and proven adverse events, (2) criteria for assessing inappropriate prescribing and the feasibility, usefulness and reach of assessment tools, (3) approaches for optimization of prescribing in older people and specifically vulnerable subgroups, and (4) the role of nurses in inappropriate prescribing in care dependent older people and nurses' options towards optimized medication. The presentation will point out the current best evidence as well as research gaps and will outline knowledge requirements of nurses caring for older people with multiple treatment needs.

Topic: Community nursing

Safe, professional and inspiring community care for older people: how can nurses contribute?



Crystal Oldman PhD

*Chief Executive, Queen's Nursing Institute (QNI),
United Kingdom*

The presentation will focus on three key aspects of the QNI's work to support the UK policy for more care to be delivered in the community, in particular for the older population:

- Identifying the factors which determine 'safe caseloads' in the District Nursing service.
- The need to ensure the 'right nurse with the right skills' is employed to lead the service.
- Inspiring new and experienced nurses to develop a career in the community.

Friday 7 October 2016

09.00 – 14.30 hrs

Keynote speakers



Topic: Transitional care

Getting transition care of older people right



Prof. Marit Kirkevold Ed.D.

Head of Department of Nursing Science, Institute of Health and Society, University of Oslo, Norway

In her presentation Marit Kirkevold will draw on research about the many transitions that older people undergo as they age and are challenged to cope with and adjust to changes in health state, functioning, social relations and roles and service- and care levels. Lack of understanding about the nature of these transitions may lead to suboptimal services and care. She will reflect on how this knowledge may inform us in designing care that matches the caring needs of older people in different transition situations, at the same time acknowledging and respecting the older people's own preferences, coping resources and self-care abilities.

Topic: Knowledge translation

Applied research in residential care - is transformative change possible?



Carole A. Estabrooks PhD

Professor & Canada Research Chair in Knowledge Translation, Faculty of Nursing, University of Alberta, Canada

TREC (Translating Research in Elder Care) is a pan-Canadian, longitudinal program of applied health services research that has been in place for a decade. Our long term aim is to leverage the tools, partnerships and knowledge gained to date to transform the Long Term Care sector in Canada

by capitalizing on the partnerships and knowledge gained from over a decade of focused and intentional work. This presentation will show how we are shaping a context that is ready for best practice, that will support scale-up and spread of transformative innovations, and that readily implements routine and quality feedback mechanisms at point of care.

Closing



Prof. Jan Hamers PhD

Chair Programme Committee 5th European Nursing Congress



Overview symposia



Patient and Public involvement (PPI)

1. Involving older people in networks, projects, research and education in the Dutch National Care for the Elderly Program
2. Person-Centred Care in Research and Practice
3. Transitions in Caring for People with Dementia

Multimorbidity and frailty

4. Optimizing geriatric rehabilitation: challenges and opportunities
5. Early detection and prevention
6. Improving quality of care for frail older people from hospital admission to follow up post-discharge
7. Improving care for frail older people: the importance of multiple domains and perspectives
8. Different approaches of self-management facilitation for elderly in the community
9. Early identification and prevention of complications

Quality of care and patient safety

10. At Home with Meaning. Addressing existential questions in homecare
11. Quality and transparency in nursing home care: examples from Germany and The Netherlands
12. Support for a Continuing Research Agenda on Restraints: Evidence from Europe and North America
13. Differences in quality of care in Austria, Switzerland and The Netherlands: what can we learn of it?

14. Nurses on the Move: Improving Quality of Care in Nursing Homes
15. Quality of Care in Swiss Nursing Homes: What can we learn from staff and residents' perspectives?

Essentials or fundamentals of care

16. Stimulating participation in physical and daily activities during daily nursing care
17. Essential nursing care: most provided, least evidence based. The basic care revisited program

Technology

18. Self-Made & Sound: e-health self-management support programs for patients with chronic conditions

Education and learning

19. Educating for an aging society: competencies, knowledge and attitude and how to motivate students
20. Dutch care innovation units and networks: enriched cultures for learning and working
21. Development of Gerontology and Geriatrics competences of Baccalaureate Registered Nurses
22. European Later Life Active Network improves education for professionals working with older people
23. Learning communities of community care nurses and lecturers: the exchange of knowledge and skills
24. Educational Innovations of Gerontology and Geriatrics

Overview symposia

Workforce

25. Increasing participation of nurses in an academic network for long-term elderly care

Leadership

26. Nursing leadership and quality of care
27. Development of Professional Leadership in the Netherlands; nurses in the lead for better elderly care

Measurements issues

28. Developing & Evaluating Complex Interventions- Evidence-Based Examples and Improved Methodology



Overview oral presentations



Patient and Public involvement (PPI)

1. Collaboration between older people, nurses and a University to improve care and alter attitudes
2. Community dwelling older adults' perception on nursing home care
3. Involvement of people with dementia in developing an interactive IT-application
4. Management of indwelling urethral catheters in community settings
5. Nursing students and older people learning together - outcomes and experiences
6. Self-management and the ability of older adults to assess their own health situation

Multimorbidity and frailty

7. Re-framing Frailty as a Long Term Condition: The NHS England Approach.
8. Associations between multidimensional frailty and quality of life in older people
9. Life-space Mobility in older Stroke Survivors - A Cross-sectional Study
10. Defining the Oldest Old
11. Guiding health professionals in an ageing society: focus on functioning
12. A Patient-centered Interdisciplinary Care Concept for Geriatric Oncology Patients (PIVOG)
13. A successful clinical-academic partnership: research about cancer treatment in people with dementia
14. Association between self-management and frailty in older people receiving home care
15. Home-based Lifestyle Physical Activity for Sedentary Older Women: Outcomes from a Clinical Trial

Overview oral presentations



Quality of care and patient safety

16. Preventing hospital admissions by promoting patient safety- innovative care in nursing homes
17. Maxima goes senior friendly: a different approach
18. What matters to older persons with multiple chronic conditions
19. Nursing students' perceptions of community care and other areas of nursing practice - A review of the literature
20. Ten Steps Towards Developing Evidence Based Best Practice in Night Time Residential Care
21. Development of a quality of meals and meal service set of indicators for residential facilities
22. Early recognition of deteriorating patients on surgical wards
23. Potential drug-to-drug interactions in older patients discharged from hospital to home care

Patient systems and informal care

24. Predictors of utilization of community care services by people with dementia and their carers
25. Access to formal care for people with dementia and carers. A focus group study in eight countries
26. Topics on family caregivers in formal conversations between nurses, patients and family caregivers
27. Screening of elderly abuse and neglect in prehospital ambulance and emergency nursing care, instrument development and feasibility test

Essentials or fundamentals of care

28. Green Care Farms Providing Nursing Home Care: Promoting Activities and Social Interaction
29. Regaining mobility in nursing homes: description of the process and its influencing factors
30. ESSENCE: Amalgamating Marginal Gains in ESSEntial Nursing CarE. A scoping review of the evidence
31. Improving care for older people with intellectual disabilities

Palliative Care

32. Avoidability of hospitalisations at the end of life; a model for community nurses and GPs
33. Recognising and responding to the care needs of older people at the end of life

Technology

34. Supporting older adults in the use of digital healthcare technology: a mixed-method study
35. Is there evidence for effects of eHealth for people confronted with cancer?

Medication

36. Polypharmacy in elderly in nursing homes: how nurses can contribute to deprescribing medications

Overview oral presentations



Education and learning

37. Care, communication and educational needs of primary care nurses to treat disabled patients
38. "Value of an International Exchange for Dutch Geriatric NP students: Building Leadership"
39. Supporting the development of the consultant practitioner role, specializing in frailty
40. Educational development in old people fall prevention: Pilot phase of AKESO project
41. Development of a future proof curriculum for the BNursing concerning gerontology and geriatrics
42. Self-management support: instrument validation and survey in nursing students
43. Older people as co-creators of education and research programs in nursing and gerontology
44. Identification of competence needed in older people nursing in nursing homes
45. Comprehensive health assessment of the older person: A pre-requisite for quality care
46. Recognizing and reporting changes in residents' health status: Education for aged care workers
47. Nurse practitioners' focus on health care in terms of cure and care: an analysis of graduate theses

Workforce

48. Campaign: 'More than meets the eye'

Leadership

49. Topcare: an opportunity for nurses to show their leadership!
50. Leadership Mentoring in Nursing Research, impact on research and career: Systematic Review

Measurements issues

51. Long-term effectiveness of the Diabetes Conversation Map program for Diabetic Patients in Taiwan
52. Clinical Manifestation of Depression after Stroke: is it Different from Depression in Other Patient Populations?



Round tables and workshops

Education and learning

1. Workshop: Delirium Experience: a health game to improve skills and attitudes to treat delirious patients?
2. Round table: Dynamic Force-field Analysis for a nurse in (elderly) healthcare

Measurements issues

3. Professional development workshop: Pain assessment in dementia

Quality of care

4. Round table: Quality indicators contribute to the quality of nursing care in Dutch Hospitals
5. Round table: Dementia, challenging behaviour and SOFI

Specials

6. Workshop 'Planning and Reporting your Research Accurately: Using the Equator Reporting Guidelines for Academic Papers' by David Richards, Professor of Mental Health Services Research and NIHR University of Exeter Medical School, Exeter, United Kingdom
7. Workshop 'Writing abstracts and poster presentation for conferences' by Graeme Smith PhD, Professor of Nursing, Edinburgh Napier University, United Kingdom, Editor of Journal of Clinical Nursing
8. Workshop 'Getting your manuscript published in four easy steps' by Roger Watson, professor of Nursing, University of Hull, Faculty of Health and Social Care, Editor-in-Chief of Journal of Advanced Nursing

Social programme

City Hall Rotterdam, Burgerzaal

Tuesday October 4, 17.00 - 19.00 hours

Reception offered by the Board of Mayor and Aldermen of Rotterdam

Conference dinner, Restaurant Zenne, Rotterdam

Thursday October 6, starting 19.00 hours



Site visits

Erasmus Medical Center, Rotterdam

Wednesday October 5, 16.00 - 18.00 hours

The hospital is under construction adopting the concept of Healing Environment to recover and to work. New ideas and principles - like single patient rooms, the waiting concept and stress reducing sky ceiling - are tested.

Hogeschool Rotterdam, University of Applied Sciences

Thursday October 6, 16.00 - 18.00 hours

Learn about elderly care in higher education. How to interest young people for working with elderly people? We have several experiments and projects on this subject. For example there is a dementia week for students in their second year.

ZonMw, The Netherlands Organisation for Health Research and Development, The Hague

Friday October 7, 10.00 - 12.00 hours

ZonMw funds health research and stimulates the use of knowledge. With a range of grant programmes ZonMw stimulates the entire innovation cycle, from fundamental research to the implementation of new treatments, preventive interventions and improvements to the structure of healthcare. ZonMw has up to sixty programmes and a yearly budget of approximately 150 million euros. In small workshops on specific programmes the approach and vision of ZonMw will be illustrated and explained. Themes of these programmes are: nursing science (infrastructure), caring for the elderly, district nursing and home care, mental health and dementia. A tasteful lunch amongst the colorful artwork of ZonMw will end the site.



Committee of Recommendation



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Programme Committee



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Organisation

Foundation European Nursing Congress in cooperation with



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Financial support

Fonds voor Verpleegkundigen



Stichting Publicaties voor
Verpleegkundigen en Verzorgenden

Friend

NHL University of Applied Sciences, Leeuwarden

Supporters



Information and registration



Participants

Target groups are: nurses and carers, researchers, teachers, nursing home physicians, board members and managers of care institutions.

Venue

Congrescentrum De Doelen, Kruisplein 40, Rotterdam, the Netherlands.

Calender

Tuesday 4 October:	Opening Ceremony and Reception
Wednesday 5 October:	Keynotes, Plenary and Parallel Sessions
Thursday 6 October:	Keynotes, Plenary and Parallel Sessions
Friday 7 October:	Keynotes, Plenary and Parallel Sessions, Closing Ceremony

Congress fees

Participants	€ 495,-
Authors of an abstract, full-time students, members Rho Chi, members V&VN	€ 445,-
Day ticket (no discounts applicable)	€ 295,-

Early registration before may 1st 2016

Participants	€ 445,-
Members Rho Chi, members V&VN	€ 445,-
Authors of an abstract, full-time students	€ 395,-

Accreditation

Applicable for Dutch registered nurses: Accreditation will be applied for at Kwaliteitsregister V&V en Verpleegkundig Specialisten Register. The congress is registered at Centraal Register Kort Beroepsonderwijs.

Accommodation

Rotterdam has a variety of suitable accommodation. For the conference, we have taken options on rooms at several hotels in the Rotterdam City Centre. More information see www.rotterdam2016.eu/hotels/



Project management

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Registration

www.rotterdam2016.eu

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Welcome in Rotterdam at the 5th ENC

Registration and final programme
www.rotterdam2016.eu

