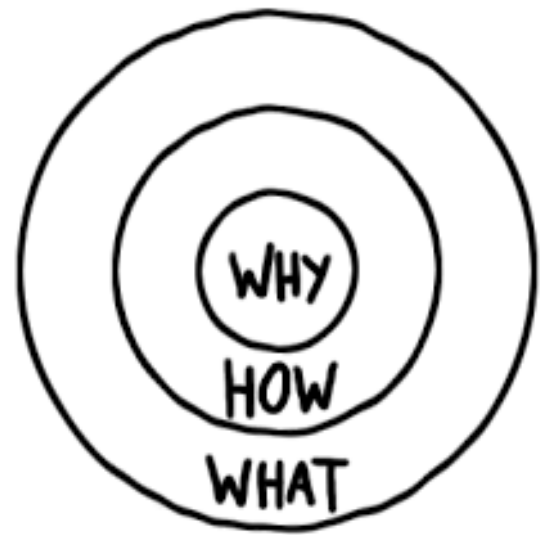


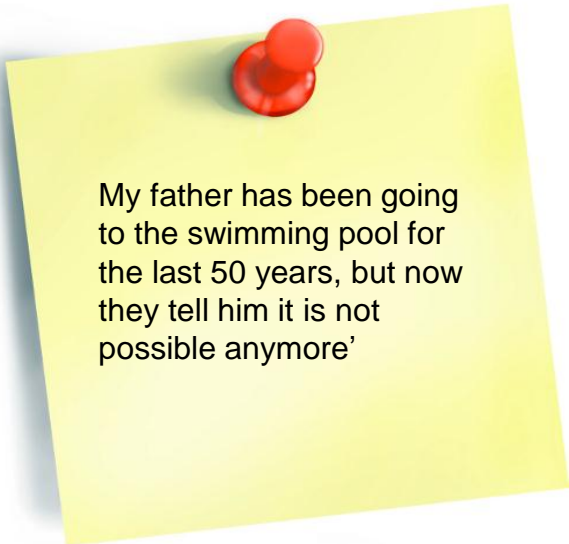
# Person-Centred Care

## From theory to practice

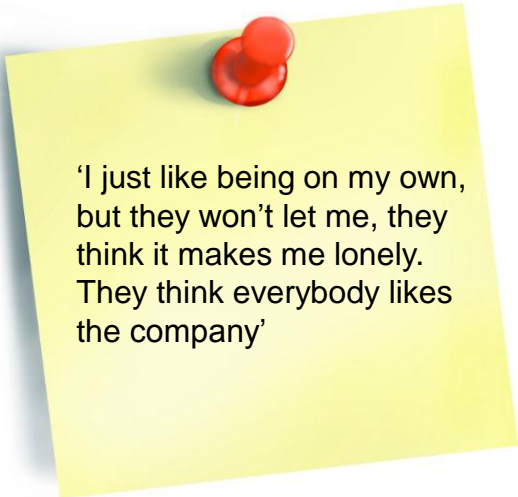


datum 7 October 2016  
door Paulien Vermunt






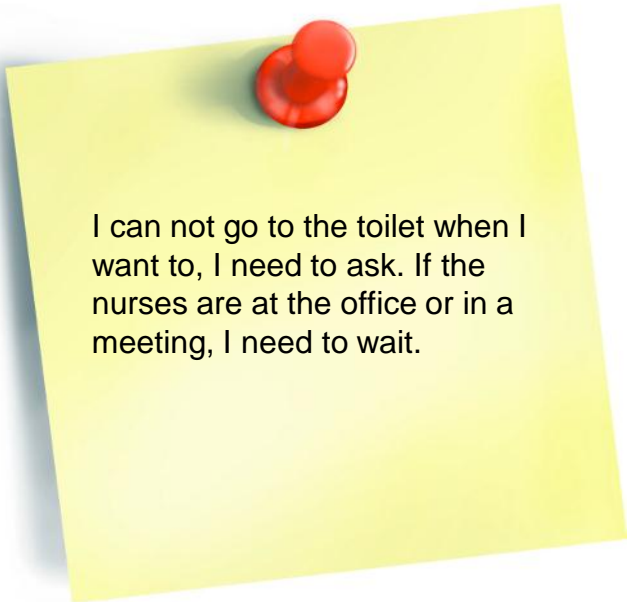
My father has been going to the swimming pool for the last 50 years, but now they tell him it is not possible anymore'




'I just like being on my own, but they won't let me, they think it makes me lonely. They think everybody likes the company'



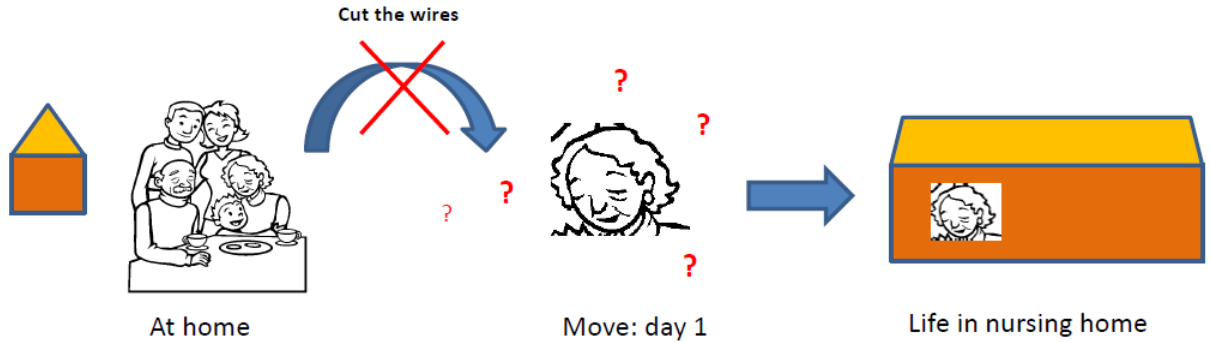
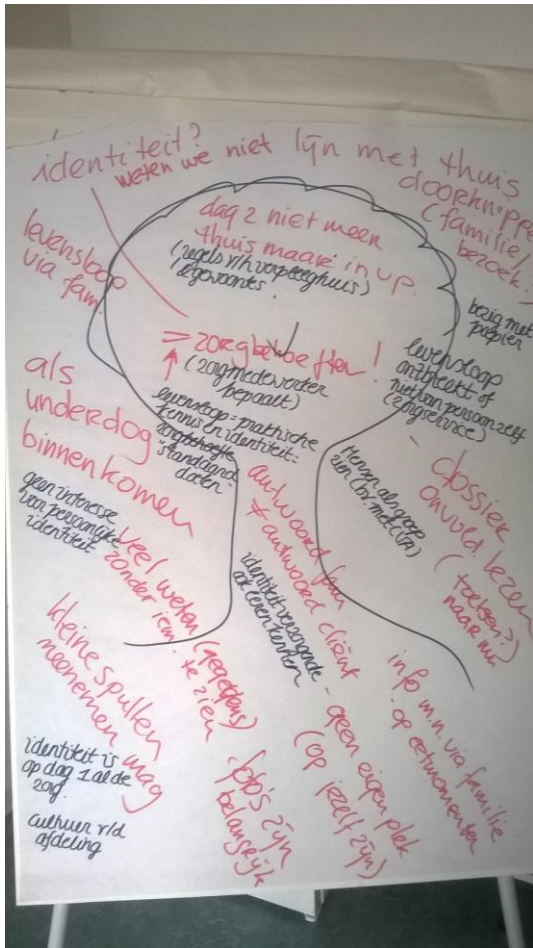
To lie alone in my bed, after 60 years of sleeping next to my husband, I can not get used to it. I wanted to call him during the night, but they took away my phone. I'm not a child, am I?'

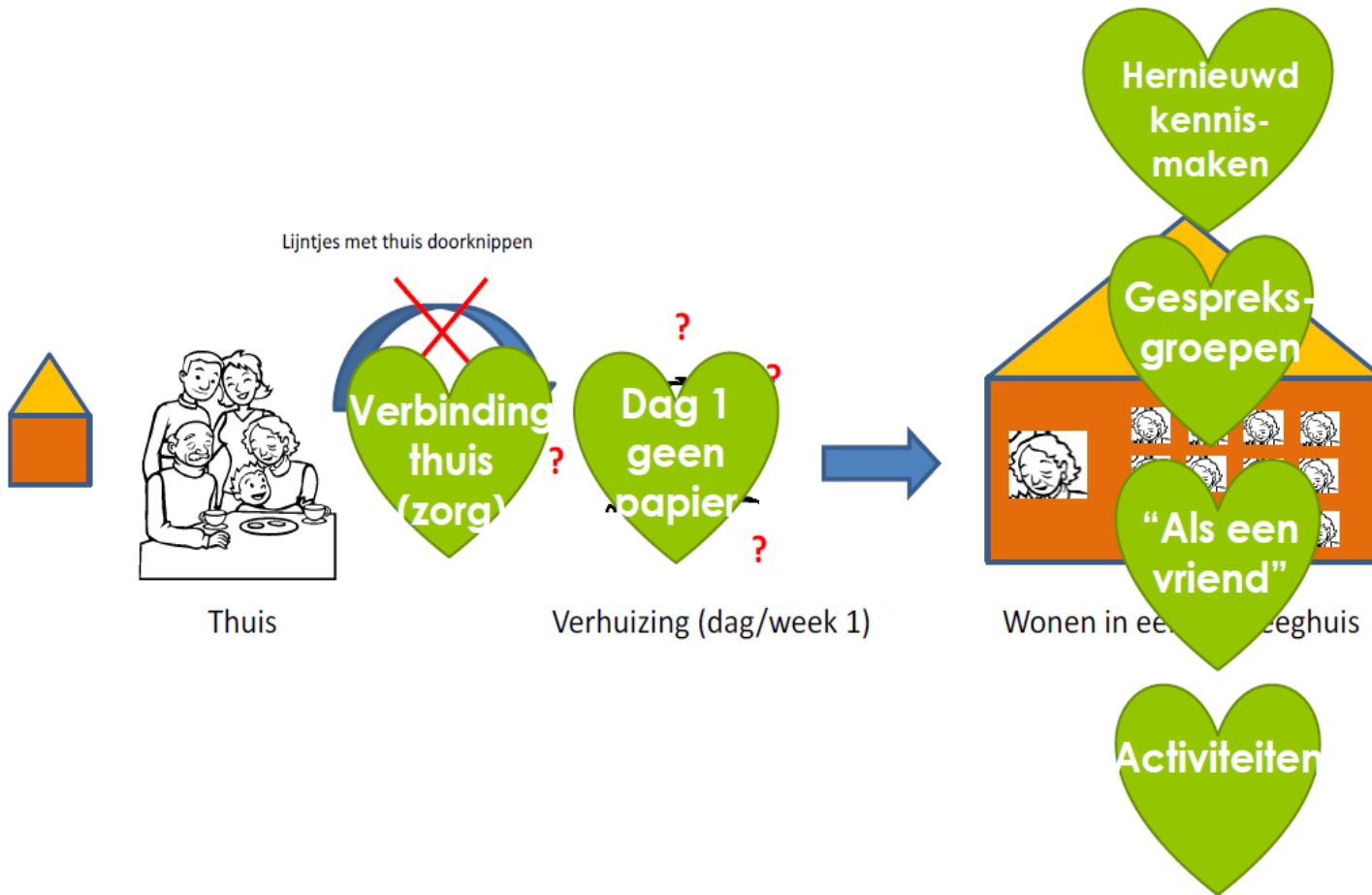


I can not go to the toilet when I want to, I need to ask. If the nurses are at the office or in a meeting, I need to wait.



The nurses are very busy and always run by. I see new faces all the time, touching me and my belongings.





Wie komt?

(de droom is weg)

Wachtlijst/-beheer

Wie gaat op bezoek?



Waar is de specifieke plaats?

welke externe/interne regels passen wel/niet?  
waar wil ik wonen? Kiezen?  
Tijdelijk?

Spontaneïteit gespeeld | nieuw verhuizingsproces

We zijn te gast  
Reden verhuizing  
Kennismaking: open gesprek

- 1. Wie ben je?
- 2. Wie zijn wij?
- 3. Wat kunnen we met elkaar?

Client + familie? naaste(n)? wie? waarom deze persoon?

\* foto | leven dat er is/was  
\* film  
\* ...



kennismaken mede-bewoners  
"hoe zit het hier?" moet ik om du uit bed? (persoon)

persoon leren kennen: dag- en levensritme  
elkaar leren kennen: persoonlijke voorkeuren (kwaliteit van leven)  
datum verhuizing (kosten "bedruiken")  
↳ rituelen  
↳ niet nieuwe situatie

rendleiding +

kamer leren  
↳ kamer redden (opruimen)

- eetgewoonten op dag 1
- eetrituelen (mag later)
- eigen spullen op kamer zijn eerd
- (waar komt de inbo (condom bezoek?) ↳ nieuw denken!
- aardige verplafje die ik ken
- wie gaat met me mee?
- welkom: koffie / thee / koelje
- bloemetje met kaartje "welkom"



We learn again to think about the care we provide



Once I have seen a persons home, I only need half the words

My father can now swim again like he has done for 50 years!

We learned how to get in contact with family, instead of filling out the forms

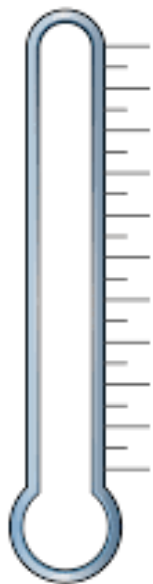
Where do I ever find the time to sit down and talk with a person?

My colleagues are still worried about inspection



The communication skills of quite some nurses are inadequate

**GOAL!**



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