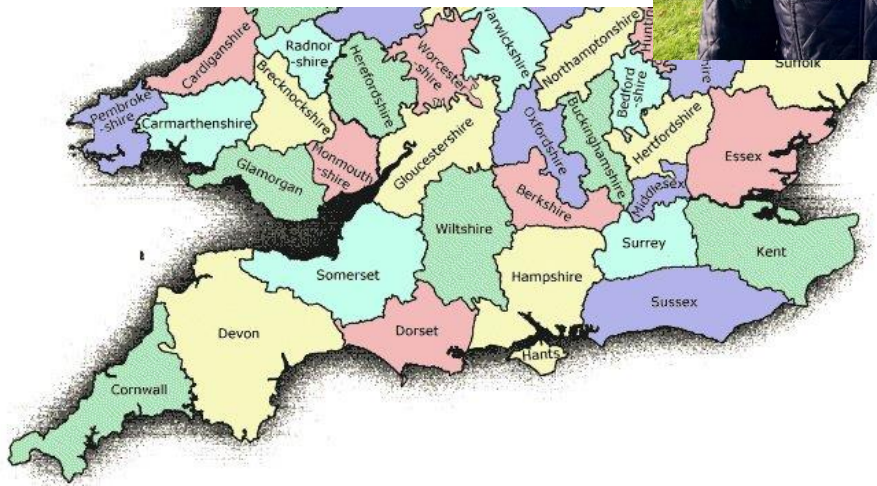


SUPPORTING THE DEVELOPMENT OF THE CONSULTANT PRACTITIONER ROLE SPECIALISING IN FRAILTY

Claire Barker, Esther Clift & Gwyn Grout



Introduction

- Background to the Consultant Practitioner Role in the UK
- The Consultant Practitioner Development Programme and the Frailty Cohort
- What is the programme?
- The experience of two trainees
- Impact of their emerging roles
- Questions

Background

- 1999 – super nurses. No formal development programme
- 2004- Consultant Nurse Development Programme for Emergency Care
- Extended to “practitioners” in Midwifery, Neurology, Stroke, Mental Health, Learning Disability,
- 2014 Due to political drive to increase clinical leadership within the “Older Persons” agenda: Start of Frailty Programme.

The Programme

- Enter at Masters Level with some experience of Quality Improvement and be a senior clinician working with older people – any profession
- 3 year programme: Move from local to regional to national expert
- Focus on Clinical, Educational, Leadership and Quality Improvement expertise
- Practice placements
- Quality improvement Projects
- Academic study
- Supervision and coaching

Evaluation

- Annual Learning Outcomes
- End of Year Review
- Academic achievement





Health Education England

Quality Improvement Project



**Bracknell and Ascot
Clinical Commissioning Group**



Slough Clinical Commissioning Group



**Windsor, Ascot and Maidenhead
Clinical Commissioning Group**

**Developing a Shared
Understanding of Frailty
& It's Identification within the
Local Health & Social Care
Systems**

The Vision

Aim:

To provide anticipatory care for individuals living with Frailty in their community - enabling them to maintain their independence for as long as possible, while preventing unnecessary hospital admissions and premature entry into long-term care.

Shared understand of Frailty as a concept

Consistent and effective approach to the early identification of Frailty within our population

A range of services that support the needs of our population to enable them to live well with Frailty

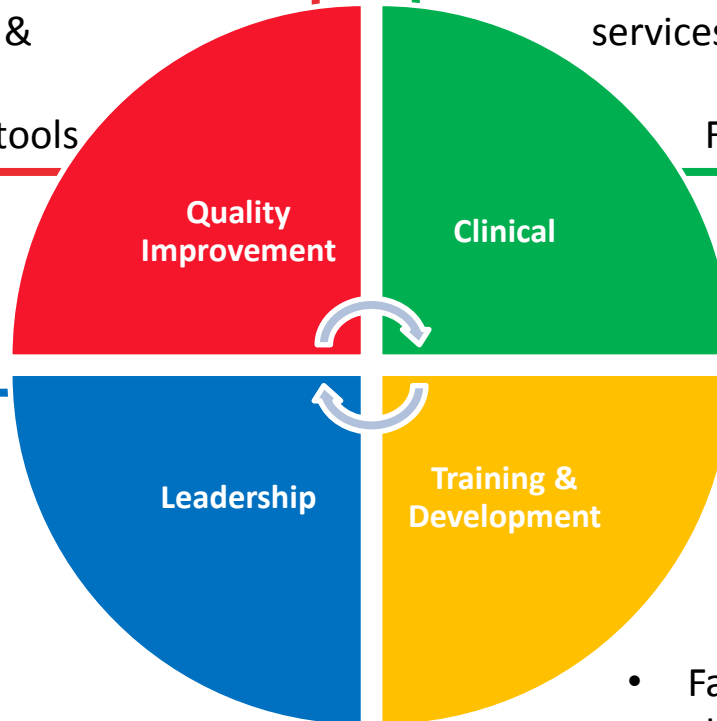
Learning & Development

Developing my Quality Improvement (QI) Skills

- Critically reviewing & summarising the available evidence
- Published document with recommendations
- Obtaining buy in at strategic & operational level
- Application of QI diagnostic tools

Developing my Clinical Skills

- Delivering & leading CGA* in Primary Care
- Working within a social services team
 - Increasing knowledge of support services available locally
 - Implementing & evaluating Frailty identification tools



Developing Leadership Skills

- Identified as the clinical lead
- Role modelling good clinical practice
- Influencing & motivating without authority
- Networking with the National leads to share learning

Developing Self & Others

- Delivering educational sessions
- Informing my Doctorate research study
- Facilitating learning through clinical supervision
- Personal 1:1 supervision & coaching

Clinical Experience

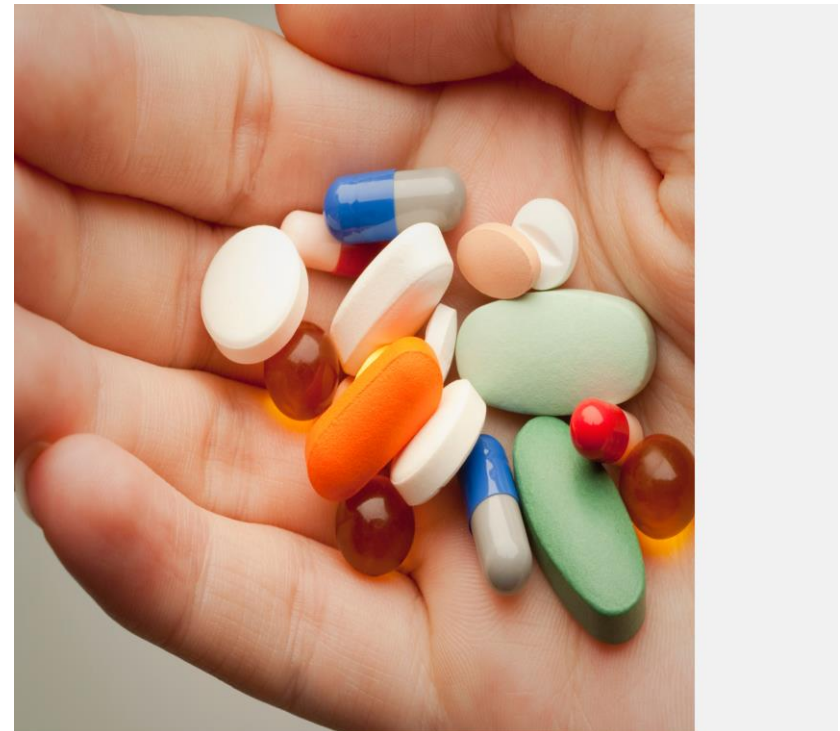
- Service Improvement

Southern Health NHS
NHS Foundation Trust

Service improvement for 'PRN'* (as required) medication in
Care Homes in Hythe (Hampshire)

Esther Clift
Consultant Practitioner Trainee in Frailty for Health Education
Wessex
supported by Nikki Davey Quality Improvement Clinic

*PRN Pro Re Nata



- Learning and Development

Doctorate



Health
Sciences

UNIVERSITY OF
Southampton

Who uses exercise in later life?

A critical ethnographic study

Esther Clift

- Research & Service development
- Leadership



